



Activity 12.1 Remove the Person, keep the Ally

List what you feel is personal and what's supportive in your feedback:

Person

Ally

Now scale your feeling and circle your answer.

rubbish

upset

quite unsure

encouraged

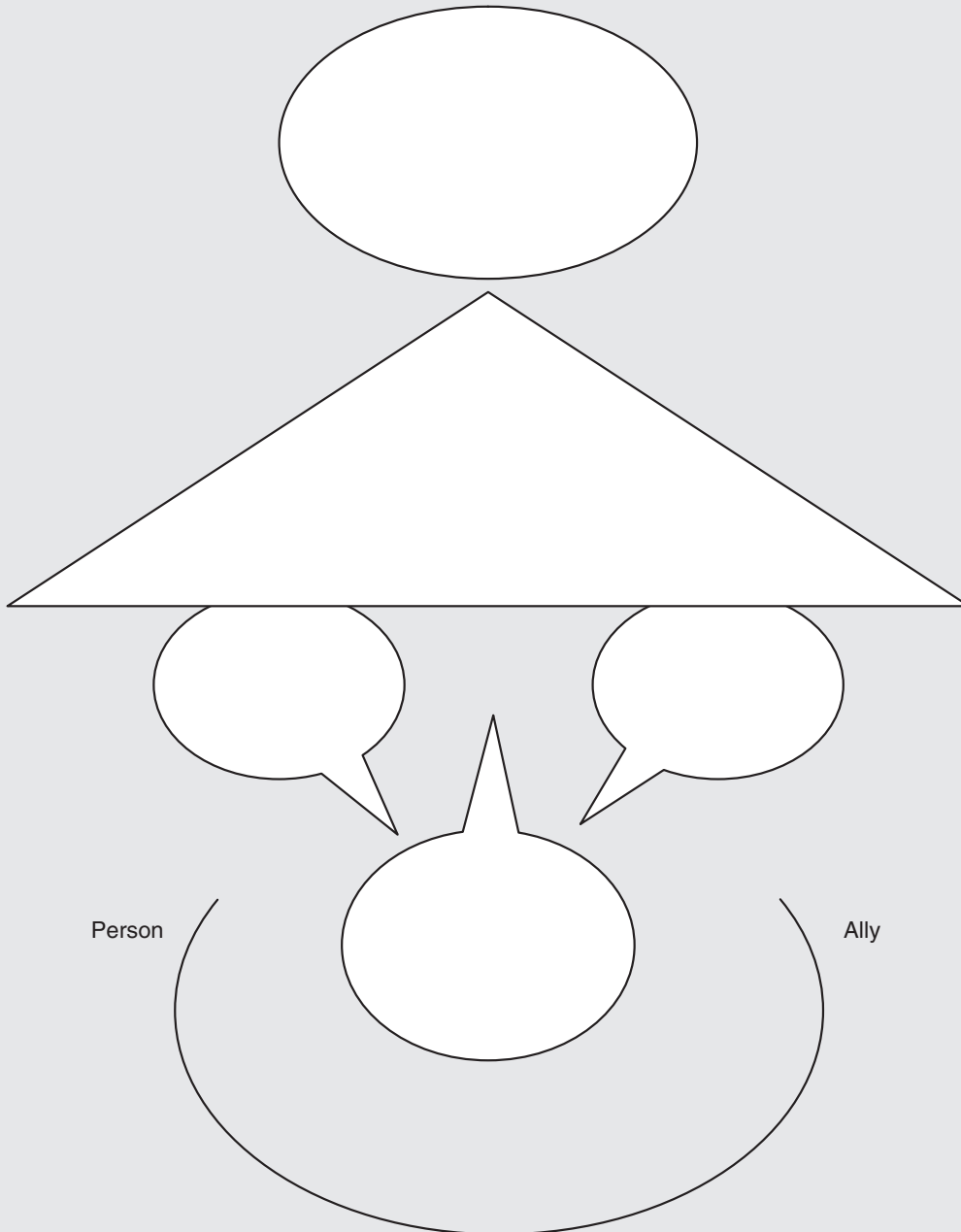
more certain

optimistic



Activity 12.2 Consider the feedback

Feedback Face



Start completing your own Feedback Face – write down key points to ask your tutor in thought bubbles, place them around the face and scale your feelings.



Activity 12.3 From message to feedback

Understood the feedback message? Let's add to your Feedback Face and make a note of what you need to stop, need to start, need to consider and improve upon, and who or what helped. Re-do your scaling; has it changed any? Feel you're starting to remove the Person and keep the Ally?



Activity 12.4 From feedback to strategy

Take comments from your assignment, devise a question, work out the strategy and add to your Feedback Face.



Activity 12.5 From strategy to action

Task	Action	Deadline	Done (✓)
plagiarism	attend critical thinking classes	_____day / /	
referencing in essays	make index cards of citation styles and how to use these in essays	_____day / /	



Activity 12.6 Looking back to feed forward

Start your self-assessment journal by developing your own Feedback Face. Remember, it's your own self-assessment, so be honest. Ask yourself:

- how you were able to move beyond the bare comments and empty circles
- who or what helped you acknowledge your feelings and build your confidence
- what enabled you to practise new skills and promote your abilities
- what you can take forward to your next assignment
- what you can Stop, Start, Improve, Consider.